

# REBUILDING MYSELF FROM THE INSIDE

JAN W. BEYER

♩ = 80

1 2

ALTO SAX  
TENOR SAX  
BARITONE SAX  
TRUMPET I  
TRUMPET II  
TROMBONE

AL NIENTE  
To FL.  
AL NIENTE  
AL NIENTE  
AL NIENTE  
AL NIENTE

To FLUG.

PIANO  
GUITAR  
BASS GUITAR 5-STRING

DRUMS

BRUSHES  
SOME SIZZLING CYMBALS

1 2 3 4 5 6 7 8 9



10

A. SAX.  
TEN. SAX.  
BAR. SAX.  
FLHN.  
TRP. II  
TRB.  
PIAN.  
GIT.  
BASS  
DR.

FLUGELHORN FREELY

mp

mp

10 11 12 13 14 15 16

mp

MORE SIZZLING CYMBALS



A. SAX. FL. BAR. SAX. FLHN. TRP. II TRB. PIAN. GIT. BASS DR.

TO TEN. SAX.

29 30 31 32

Chord progression for piano and guitar:

- 29: Gm11
- 30: Cm11, Dm7, D7#5
- 31: EbΔ13, Bb7/D, F%
- 32: GbΔ#11, DbΔ7, Ab6add4

35

A. SAX. FL. BAR. SAX. FLHN. TRP. II TRB. PIAN. GIT. BASS DR.

TENOR SAXOPHONE

TRUMPET HARMON

mf

LET RING

35 34 35 36

Drum notation: SNARE HI-HAT HALF OPEN, RIDE

Chord progression for piano and guitar:

- 33: Gm11
- 34: Cm11, Dm7
- 35: EbΔ9/13, EbΔ9
- 36: Fsus2, Ab6/7add4

A. SAX. *p* *mf* *fp* *f*

TEN. SAX. *p* *mf* *fp* *f*

BAR. SAX. *fp* *f*

TRP. I *fp* *f*

TRP. II *fp* *f*

TRB. *fp* *f*

PIAN. *Gm11* *Cm11* *Dm7* *EbΔ9/13* *EbΔ9* *Fsus2* *EΔ9/13*

GIT. *III* *VI* *I* *IV*  
*P.M.* *LET RING* *LET RING*

BASS *Gm11* *Cm11* *Dm7* *EbΔ9/13* *EbΔ9* *Fsus2* *EΔ9/13*

DR. *HI-HAT (HALF OPEN)* *RIDE*

37 38 39 40



41

A. SAX. *fp*

FLUTE *fp*

BAR. SAX. *fp*

TRP. I *fp*

TRP. II *fp*

TRB. *fp*

PIAN. *EbΔ13* *BbΔ9/13/C* *Am7b5* *EbmΔ7/Qb* *Gm7/11* *EbΔ#11* *DbΔ9/13* *EΔ9/13*

GIT. *EbΔ13* *BbΔ9/13/C* *Am7b5* *EbmΔ7/Qb* *Gm7/11* *EbΔ#11* *DbΔ9/13* *EΔ9/13*

BASS *EbΔ13* *BbΔ9/13/C* *Am7b5* *EbmΔ7/Qb* *Gm7/11* *EbΔ#11* *DbΔ9/13* *EΔ9/13*

DR. *41* *mf*

41 42 43 44



A. SAX. *fp* *fp* *fp* *f* *EM11 SOLO*

TEN. SAX. *fp* *fp* *f*

BAR. SAX. *fp* *fp* *fp* *f* *HARMON*

TRP. I *fp* *fp* *f* *CUP*

TRP. II *fp* *fp* *f*

TRB. *fp* *fp* *fp* *f*

PIAN. *Gsus4* *F#9* *Em7* *Eb9* *Db13/Ab* *Gm13*

GIT. *Gsus4* *F#9* *Em7* *Eb9* *Db13/Ab* *Gm13*

BASS *Gsus4* *F6* *Em7* *Eb9* *Db13/Ab* *Gm13*

DR. *FILL*

53 54 55 56 57



58 *OPEN* *Em11* *Bm7* *C#9* *Dsus2* *F#9/13add4* *Em11* *Am11* *Bm7* *C#9* *Eb#11* *F#9/13add4*

A. SAX. *mp*

TEN. SAX.

BAR. SAX.

TRP. I

TRP. II

TRB.

PIAN. *Gm11* *ALTO SAX SOLO* *Dm7* *Eb9* *F#9/13add4* *Gm11* *Cm11* *Dm7* *Eb9* *Gb#11* *Ab9/13add4*

GIT. *Gm11* *ALTO SAX SOLO* *Dm7* *Eb9* *F#9/13add4* *Gm11* *Cm11* *Dm7* *Eb9* *Gb#11* *Ab9/13add4*

BASS *mp*

DR. *mp* *OPEN* *58* *ALTO SAX SOLO*

58 59 60 61 62 63 64 65

66 ON CUE

A. SAX.  $E_{\flat}^{11}$   $A_{\flat}^{11}$   $B_{\flat}^7$   $C^{\Delta 9}$   $D_{\flat}^{SUS2}$   $F^{\Delta 9}/13add4$  7

TEN. SAX.

BAR. SAX.

TRP. I

TRP. II

TRB.

PIAN.  $G_{\flat}^{11}$   $C_{\flat}^{11}$   $D_{\flat}^7$   $E_{\flat}^{\Delta 9}$   $F_{\flat}^{SUS2}$   $A_{\flat}^{\Delta 9}/13add4$

GIT. JINGLING AS BEFORE (AD LIB.)  
LET RING-----  
*mf*  
 $G_{\flat}^{11}$   $C_{\flat}^{11}$   $D_{\flat}^7$   $E_{\flat}^{\Delta 9}$   $F_{\flat}^{SUS2}$   $A_{\flat}^{\Delta 9}/13add4$

BASS  $G_{\flat}^{11}$   $C_{\flat}^{11}$   $D_{\flat}^7$   $E_{\flat}^{\Delta 9}$   $F_{\flat}^{SUS2}$   $A_{\flat}^{\Delta 9}/13add4$

DR. 66 ON CUE

66 67 68 69

66 ON CUE

A. SAX.  $E_{\flat}^{11}$   $A_{\flat}^{11}$   $B_{\flat}^7$   $C^{\Delta 9}$   $E_{\flat}^{\Delta \#11}$   $F^{\Delta 9}/13add4$

TEN. SAX.

BAR. SAX.

TRP. I

TRP. II

TRB.

PIAN.  $G_{\flat}^{11}$   $C_{\flat}^{11}$   $D_{\flat}^7$   $E_{\flat}^{\Delta 9}$   $G_{\flat}^{\Delta \#11}$   $A_{\flat}^{\Delta 9}/13add4$

GIT.  $G_{\flat}^{11}$  JINGLING CONTD. THROUGHOUT  $C_{\flat}^{11}$   $D_{\flat}^7$   $E_{\flat}^{\Delta 9}$   $G_{\flat}^{\Delta \#11}$   $A_{\flat}^{\Delta 9}/13add4$

BASS  $G_{\flat}^{11}$   $C_{\flat}^{11}$   $D_{\flat}^7$   $E_{\flat}^{\Delta 9}$   $G_{\flat}^{\Delta \#11}$   $A_{\flat}^{\Delta 9}/13add4$

DR.

70 71 72 73

8

74

A. SAX.  $E_{m11}$   $A_{m11}$   $B_{m7}$   $C_{\Delta 9/13}$   $D_{sus2}$   $F_{\Delta 9/13add4}$

TEN. SAX.

BAR. SAX.

TRP. I *mp*

TRP. II *mp*

TRB. *mp*

PIAN.  $G_{m11}$   $C_{m11}$   $D_{m7}$   $E_{b\Delta 9/13}$   $F_{sus2}$   $A_{b\Delta 9/13add4}$

GIT.  $G_{m11}$   $C_{m11}$   $D_{m7}$   $E_{b\Delta 9/13}$   $F_{sus2}$   $A_{b\Delta 9/13add4}$

BASS  $G_{m11}$   $C_{m11}$   $D_{m7}$   $E_{b\Delta 9/13}$   $F_{sus2}$   $A_{b\Delta 9/13add4}$

DR. *mf*

74 75 76 77

78 79 80 81

A. SAX.  $E_{m11}$   $A_{m11}$   $B_{m7}$   $B7\#5$   $C_{\Delta 13}$   $G_{\flat 9}/B$   $D_{\flat 9}$   $E_{b\Delta \#11}$   $B_{b\Delta 7}$

TEN. SAX. *f*

BAR. SAX. *f*

TRP. I *f*

TRP. II *f*

TRB. *f*

PIAN.  $G_{m11}$   $C_{m11}$   $D_{m7}$   $D7\#5$   $E_{b\Delta 13}$   $B_{\flat 9}/D$   $F_{\flat 9}$   $G_{b\Delta \#11}$   $D_{b\Delta 7}$   $E_{\Delta 9/13}$

GIT.  $G_{m11}$   $C_{m11}$   $D_{m7}$   $D7\#5$   $E_{b\Delta 13}$   $B_{\flat 9}/D$   $F_{\flat 9}$   $G_{b\Delta \#11}$   $D_{b\Delta 7}$   $E_{\Delta 9/13}$

BASS  $G_{m11}$   $C_{m11}$   $D_{m7}$   $D7\#5$   $E_{b\Delta 13}$   $B_{\flat 9}/D$   $F_{\flat 9}$   $G_{b\Delta \#11}$   $D_{b\Delta 7}$   $E_{\Delta 9/13}$

DR. *f*

78 79 80 81



A. SAX. *fp*

TEN. SAX. *fp*

BAR. SAX. *fp*

TRP. I *fp*

TRP. II *fp*

TRB. *fp*

PIAN. *f* Eb $\Delta$ 13 Bb $\Delta$ 9/13/C Am7b5 Ebm $\Delta$ 7/Gb Gm7/11 Eb $\Delta$ #11 Db $\Delta$ 9/13 E $\Delta$ 13

GIT. *f* Eb $\Delta$ 13 Bb $\Delta$ 9/13/C Am7b5 Ebm $\Delta$ 7/Gb Gm7/11 Eb $\Delta$ #11 Db $\Delta$ 9/13 DISTORTED SOLO FILLS E $\Delta$ 13

BASS *f* Eb $\Delta$ 13 Bb $\Delta$ 9/13/C Am7b5 Ebm $\Delta$ 7/Gb Gm7/11 Eb $\Delta$ #11 Db $\Delta$ 9/13 E $\Delta$ 13

DR. *f*

82 83 84 85

A. SAX. *fp*

TEN. SAX. *fp*

BAR. SAX. *fp*

TRP. I *fp*

TRP. II *fp*

TRB. *fp*

PIAN. *f* Eb $\Delta$ 13 Bb $\Delta$ 9/13/C Am7b5 Ebm $\Delta$ 7/Gb Gm11 Eb $\Delta$ #11/Bb Dbsus FILL E $\Delta$ 13

COMP. Eb $\Delta$ 13 Bb $\Delta$ 9/13/C Am7b5 Ebm $\Delta$ 7/Gb Gm11 Eb $\Delta$ #11/Bb Dbsus E $\Delta$ 13

GIT. Eb $\Delta$ 13 Bb $\Delta$ 9/13/C Am7b5 Ebm $\Delta$ 7/Gb Gm11 Eb $\Delta$ #11/Bb Dbsus E $\Delta$ 13

BASS Eb $\Delta$ 13 Bb $\Delta$ 9/13/C Am7b5 Ebm $\Delta$ 7/Gb Gm11 Eb $\Delta$ #11/Bb Dbsus E $\Delta$ 13

DR. *f*

86 87 88 89

90

A. SAX.

TEN. SAX.

BAR. SAX.

TRP. I

TRP. II

TRB.

PIAN.

GIT.

BASS

DR.

90 91 92 93 94 95 96 97



98

A. SAX.

TEN. SAX.

BAR. SAX.

TRP. I

TRP. II

TRB.

PIAN.

GIT.

BASS

DR.

98 99 100 101 102 103 104 105

106

A. SAX. *mf* Asus<sup>4</sup> G<sup>9</sup> F#m<sup>7</sup> F<sup>Δ9</sup> Asus<sup>4</sup> G<sup>9</sup> F#m<sup>7</sup> F<sup>Δ9</sup>

TEN. SAX. *mf*

BAR. SAX. *mf* Asus<sup>4</sup> G<sup>9</sup> F#m<sup>7</sup> F<sup>Δ9</sup> Asus<sup>4</sup> G<sup>9</sup> F#m<sup>7</sup> F<sup>Δ9</sup> To Trp.

FLHN. *mf*

TRP. II *mf*

TRB. *mf*

PIAN. *mf*

GIT. *mf* Gsus<sup>4</sup> F<sup>9</sup> Em<sup>7</sup> Eb<sup>Δ9</sup> Gsus<sup>4</sup> F<sup>9</sup> Em<sup>7</sup> Eb<sup>Δ9</sup>

BASS *mf*

DR. **106** STICKS *mf*

106 107 108 109 110 111 112 113



114

A. SAX.

TEN. SAX.

BAR. SAX. *f*

FLHN.

TRP. II

TRB. *fp*

PIAN. Gsus<sup>4</sup> F<sup>9</sup> Em<sup>7</sup> Eb<sup>Δ9</sup>

GIT. *f* Gsus<sup>4</sup> WITH CRUNCH (+ DELAY) OPEN, TINGLING VOICINGS F<sup>9</sup> Em<sup>7</sup> Eb<sup>Δ9</sup>

BASS *f* Gsus<sup>4</sup> F<sup>9</sup> Em<sup>7</sup> Eb<sup>Δ9</sup>

DR. **114** *f*

114 115 116 117

A. SAX. TEN. SAX. BAR. SAX. TRUMPET TRP. TRP. II TRB. PIAN. GIT. BASS DR.

118 119 120 121



122

A. SAX. TEN. SAX. BAR. SAX. TRP. TRP. II TRB. PIAN. GIT. BASS DR.

122 123 124 125

A. SAX. *fp*

TEN. SAX. *fp*

BAR. SAX. *f*

TRP. *fp*

TRP. II *fp*

TRB. *fp*

PIAN. *Gsus<sup>4</sup> F%<sup>9</sup> Em<sup>7</sup> Eb<sup>Δ9</sup>*

GIT. *Gsus<sup>4</sup> F%<sup>9</sup> Em<sup>7</sup> Eb<sup>Δ9</sup>*

BASS *Gsus<sup>4</sup> F%<sup>9</sup> Em<sup>7</sup> Eb<sup>Δ9</sup>*

DR. *//*

126

127

128

129



**130**

A. SAX.

TEN. SAX.

BAR. SAX.

TRP.

TRP. II

TRB.

PIAN. *Gsus<sup>4</sup> F%<sup>9</sup> Em<sup>7</sup> Eb<sup>Δ9</sup>*

GIT. *Gsus<sup>4</sup> F%<sup>9</sup> Em<sup>7</sup> Eb<sup>Δ9</sup>*

BASS *Gsus<sup>4</sup> F%<sup>9</sup> Em<sup>7</sup> Eb<sup>Δ9</sup>*

DR. *//*

**130**

130

131

132

133

A. SAX. TEN. SAX. BAR. SAX. TRP. TRP. II TRB. PIAN. GUIT. BASS DR.

SHRED THE HELL OUT OF ENSEMBLESTUDIO

134 135 136 137



138

A. SAX. TEN. SAX. BAR. SAX. TRP. TRP. II TRB. PIAN. GUIT. BASS DR.

(TO FLUG.) (FLUGELHOEN) (TO TRP.) (TRUMPET) HARMON

GROOVE RIM CLICK

138 139 140 141 142 143 144 145 146 147